



SULTAN AHMAD SHAH MEDICAL CENTRE @IIUM

DEPARTMENT OF RADIOLOGY

PATIENT PREPARATION FORM – INTERVENOUS UROGRAPHY (IVU) EXAMINATION

BORANG PERSEDIAN PESAKIT – PEMERIKSAAN UROGRAPHY (IVU)

IVU examination is an examination of the urological system. It involved injecting a contrast medium intravenously to visualize of the kidneys, ureters and urinary bladder.

Pemeriksaan IVU adalah pemeriksaan untuk sistem buah pinggang, ia melibatkan suntikan media kontras intravena (ke dalam salur darah) untuk memeriksa fungsi buah pinggang, saluran kencing dan pundi kencing.

NAME : <i>Nama</i>	REGISTRATION NO: <i>No. Pendaftaran</i>
NRIC/PASSPORT NO. : <i>No. Kad Pengenalan/No. Passport</i>	WARD/DEPARTMENT : <i>Wad/Jabatan</i>
DATE : <i>Tarikh</i>	TIME : <i>Masa</i> AM/PM <i>Pagi/Petang</i>

Please inform the Radiology staff on duty if you are:

Sila maklumkan kepada kakitangan X-ray yang bertugas sekiranya anda:

- Pregnant or suspected to be pregnant
Sedang mengandung atau disyaki mengandung
- Allergic to contrast media
Pernah mengalami alahan kepada media kontras
- Allergic to any medications
Pernah mengalami alahan kepada mana-mana ubat-ubatan
- Suffering from Asthma
Pernah atau sedang menghidap penyakit lelah
- Suffering from kidney problems
Pernah atau sedang menghidap penyakit buah pinggang
- Suffering from Diabetes Mellitus
Pernah atau sedang menghidap penyakit kencing manis atau Diabetik

PATIENT'S PREPARATION

PERSEDIAN PESAKIT

Abdomen preparation to start 2 days before the date of examination

Persediaan abdomen bermula 2 hari dari tarikh pemeriksaan

2 days before examination (Date:)

2 hari sebelum pemeriksaan (Tarikh:)

1. Please eat easily digestible foods such as bread or porridge
Makan makanan yang mudah hadam seperti roti atau bubur nasi
2. Avoid eating foods that is not easily digestible as meat, chicken, vegetables and legumes
Elakkan makan makanan yang tidak mudah hadam seperti daging ayam, sayur-sayuran dan kekacang.
3. Please do not smoke and drink any carbonated beverages
Dilarang merokok dan minum minuman berkarbonat.
4. Please drink about 8 to 10 glasses of plain water daily
Minum air kosong 8 hingga 10 gelas sehari.
5. Take your regular medications as usual (if any) except **METFORMIN (GLUCOPHAGE)**. For diabetes mellitus patient, please stop taking **METFORMIN (GLUCOPHAGE)** 48 hours prior to examination.
*Makan ubat-ubatan seperti biasa (jika ada) kecuali ubat **METFORMIN (GLUCOPHAGE)**. Bagi pesakit kencing manis, hentikan pengambilan **METFORMIN (GLUCOPHAGE)** 48 jam sebelum pemeriksaan.*

SULTAN AHMAD SHAH MEDICAL CENTRE @IIUM**DEPARTMENT OF RADIOLOGY****PATIENT PREPARATION FORM – INTERVENOUS UROGRAPHY (IVU) EXAMINATION****BORANG PERSEDAIAN PESAKIT – PEMERIKSAAN UROGRAPHY (IVU)****1 day before examination (Date:**)

1 hari sebelum pemeriksaan (Tarikh:)

1. Repeat steps 1-4 as above.
Ulang langkah 1-4 di atas.
2. Please take 3 tablets of Ducolax after dinner.
Makan 3 biji ubat ducolax selepas makan malam.
3. To start fasting from 10 pm.
Mula berpuasa dari jam 10 malam.
4. Please take the pre-treatment steroids as prescribed below if you are suffering from asthma/allergic to medicine & seafood.

Pastikan anda mengambil ubat pra rawatan steroid jika anda menghidap penyakit lelah (asma) atau alahan terhadap makanan / ubat-ubatan.

_____ Tab Prednisolone 50mg 12 hour before examination and

Tab Prednisolone 50mg 12 jam sebelum pemeriksaan dan

_____ Tab Prednisolone 50mg 2 hours before examination

Tab Prednisolone 50mg 2 jam sebelum pemeriksaan.

On examination day (Date:)

Pada hari pemeriksaan (Tarikh:)

1. Please bring along the old X-ray film (if any)
Sila bawa bersama filem X-ray sekiranya ada.
2. Please arrive at the predetermined time.
Pastikan anda hadir pada masa yang telah ditetapkan.
3. Please do not eat or drink except for any medication as directed by the doctor.
Jangan makan dan minum kesuali ubat-ubatan yang diarahkan oleh doctor.
4. If you are unable to attend or having any problems please contact us at 09-591 2500 ext: 2576.
Sekiranya anda tidak dapat hadir atau mengalami sebarang masalah sila hubungi kami di talian 09-591 2500 sambungan 2576.